



Postgraduate Course Global Mental Health



LISBON INSTITUTE
of Global Mental Health

LISBON 2019
16, 17, 18 October

Why a Postgraduate Course on Global Mental Health?

Global Mental Health is a new area aimed at improving the mental health of populations and the fight for equity in mental health worldwide.

To achieve this ambitious goal, collaboration among countries and between disciplines is absolutely vital: **Global Mental Health** requires close collaboration between the different actors involved in order to address the mental health needs of the population, combining the perspectives of health promotion and disease prevention with individual clinical care.

The objective of this Course is to develop the capacity of health professionals interested in global mental health to:

- ▶ **Discuss the main themes of global mental health**
- ▶ **Critically analyse epidemiological data on the global burden of mental disorders, social determinants of mental health and the links between health and development, particularly in conditions of scarcity of resources, poverty and emergencies.**
- ▶ **Identify the main stakeholders in global mental health issues and to get acquainted with the main global mental health initiatives.**
- ▶ **Identify the potential interventions to solve the main global mental health problems.**
- ▶ **Participate in global mental health programmes.**

Programme

DAY 1

MENTAL HEALTH: A GLOBAL OVERVIEW

Participants will learn about the most recent global data on mental health and mental disorders, the increasing role of social determinants in mental health and the relevant international initiatives to improve mental health care provision and respect of human rights. **(B. Saraceno)**

HISTORY AND ACHIEVEMENTS OF GLOBAL MENTAL HEALTH

Participants will learn about the most significant international documents and initiatives that have influenced the last 25 years of global mental health discourse: the WHO Action Plan; the UN Sustainable Development Goals; the Lancet Commission Report on Global Mental Health **(B. Saraceno)**

SOCIAL DETERMINANTS AND GLOBAL MENTAL HEALTH

Participants will learn about the impact of social determinants on mental ill-health and the impacts of economic crisis. The case of Portugal will be discussed. **(JM Caldas de Almeida)**

HUMAN RIGHTS AND MENTAL HEALTH: A GLOBAL EMERGENCY

Participants will learn about the UN Convention on the Rights of Persons with Disabilities and the main controversies around this important document **(JM Caldas de Almeida)**

DAY 2

GLOBAL PLAYERS AND HEALTH DIPLOMACY

Participants will learn about the role of main stakeholders and players of Mental Health Diplomacy. Two examples of making countries working together in the implementation of Mental Health policies will be presented and discussed. **(B. Saraceno and JM Caldas de Almeida)**

MENTAL HEALTH CARE SYSTEM: THE WHO PYRAMID AND ITS IMPLICATIONS

Participants will learn about the WHO conceptualization of Mental Health System and its implications in terms of Policy, Plans and Service Organization. **(JM Caldas de Almeida)**

MENTAL HEALTH REFORMS WORLDWIDE

Participants will learn about the main successful mental health reforms worldwide.

The example of Latin America and the case of Ministers of Health of Eastern Mediterranean Region reorienting Mental Health Systems will be presented and discussed **(JM Caldas de Almeida and B. Saraceno)**

DAY 3

MENTAL HEALTH IN COMPLEX EMERGENCIES

Examples from Banda Aceh (natural disaster: Tsunami) and Gaza (man-made disaster: Conflict) will be presented and discussed. The case of migrants, displaced persons and refugees will be presented. Participants will learn about the “do and do not” in complex emergencies according to the Inter Agency Standing Committee Guidelines. **(B. Saraceno)**

Registrations (Ana Oliveira):
registration@lisboninstitutegmh.org

2019



PROFESSOR BENEDETTO SARACENO

Benedetto Saraceno, one of the leading international mental health leaders, has played a leading role in the development of the Global Health discipline at the conceptual and political levels. Prof. Doctor Saraceno graduated in Medicine from the University of Milan and specialized in Psychiatry at the University of Parma. He was the Head of the Laboratory of Epidemiology and Social Psychiatry of the Mario Negri Pharmacological Research Institute in Milan. He worked at the WHO in Geneva, between 1995 and 2010, having been Director of the Action Program on Mental Health for Underserved Populations (Nations for Mental Health), Director of the Department of Mental Health and Substance Abuse, and Acting Director of the Department of Chronic Diseases and Health Promotion. He was Associate Professor of Social Psychiatry at the University of Geneva, Coordinator of the Global Initiative on Psychiatry, Coordinator of the Steering Committee of the Gulbenkian Global Mental Health Platform. He was also Full Professor, Head of the Gulbenkian Chair of Global Health and co-director of the International Master in Mental Health Policy and Services at the Nova Medical School. He currently is the Secretary General of the Lisbon Institute of Global Mental Health.



PROFESSOR JM CALDAS DE ALMEIDA

José Miguel Caldas de Almeida, MD, PhD, is the Head of the Lisbon Institute of Global Mental Health and the Coordinator of the Group of Global and Population Mental Health at the Comprehensive Health Research Center (CHRC), Nova Medical School. He was the Chair of the Department of Psychiatry and Mental Health at the Nova Medical School from 1991 to 2000 and 2006 to 2017, and the Dean of this Medical School from 2007 to 2013. Much of his work has been aimed at the development of research, clinical and policy activities contributing to the improvement of mental health care, both at the national and global levels. He led one of the first community-based services in Portugal and had a key role in the development of the national mental health policy, plans and legislation in the country. He was the Chief of the Mental Health Unit at the Pan American Health Organization, the Regional Office of the World Health Organization for the Americas, in Washington D.C. (2000-2005). He has also been a WHO consultant to many countries on mental health policy and services, in Europe, Latin America, Africa, and the Middle East. He was the Leader of the EU Joint Action for Mental Health and Wellbeing (2013-2016), which led to the development of the EU Framework for Action on Mental Health in 2016, and was one of the members of the consortium that led the EU Compass for Action on Mental Health and Wellbeing (2015-2018).

APPLICANTS TO THE POSTGRADUATE COURSE

Language English

Enrollment Deadline 15 September 2019

Selection criteria

- ▶ Applicants should be Psychiatry and Child Psychiatry residents or holders of a bachelor degree or legally equivalent qualification in the fields of Medicine, Psychology, Sociology, Anthropology or Health Economics. Proficiency in English is required.
- ▶ The Course will run with a minimum of 12 and a maximum of 30 students.

Admission procedures

- ▶ Applicants must submit the application form, a Bachelor's Certificate or equivalent academic qualification and a brief CV in English to **registration@lisboninstitutegmh.org**

For further information about the registration:

- Check the website (**www.lisboninstitutegmh.org/training**)
- Contact Ms. Ana Oliveira (**registration@lisboninstitutegmh.org**)

Fees

- ▶ The cost of attending the Course is 200 euros

Attendance

- ▶ Attendance to the courses is mandatory for the participants formally enrolled.
- ▶ Participants will receive a Certificate of Attendance.

INFORMATION AND REGISTRATION

Lisbon Institute of Global Mental Health

Ana Oliveira

Rua do Instituto Bacteriológico, 5
Edifício Amarelo · 1150-190 Lisboa

Tel. +351 218 803 046 · **Fax** +351 218 803 079
registration@lisboninstitutegmh.org

www.lisboninstitutegmh.org

